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| Name: Colton Merrill, ATC, CPT | | Grading Quarter: 2 | Week 11 Beginning: October 15, 2024 |
| School Year: 2024-2025 | | Subject: Sports Med 3- NASM Personal Training | |
| Monday | Notes: | Objective: Identify the integrated structure and function of the cardiorespiratory system. Lesson Overview: L1 The Cardiovascular system | Academic Standards: 2.0 |
| Tuesday | Notes: | Objective: Identify the integrated structure and function of the cardiorespiratory system. Lesson Overview: L2 The Respiratory System | Academic Standards: 2.0 |
| Wednesday | Notes: | Objective: Categorize the basic structure and function of the endocrine system. Summarize the basic structure and function of the digestive system Lesson Overview: L3 The Endocrine System | Academic Standards: 2.4 |
| Thursday | Notes: | Objective: Summarize the basic structure and function of the digestive system Lesson Overview: L4 The Digestive System | Academic Standards: 2.4 |

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| Friday | Notes: | Objective: Lesson Overview: Chapter 6 QUIZ due | Academic Standards: 2.0 |
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